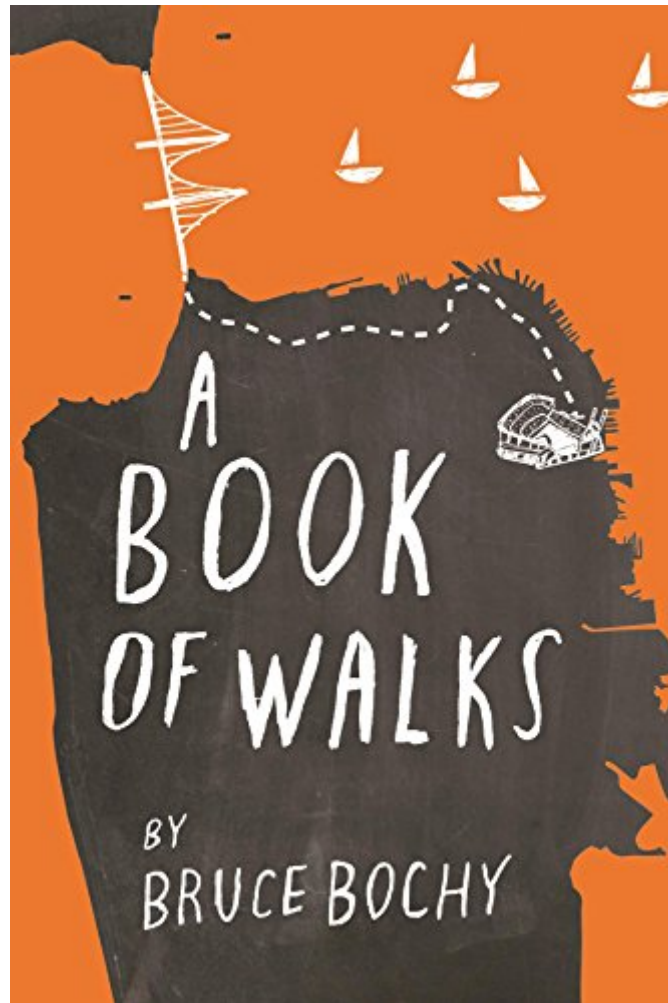




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A Book Of Walks (Kindle Single)



Synopsis

Walking can do anyone good – and Bruce Bochy knows that as well as anyone. As a Major League manager, he has one of the more stressful jobs imaginable. So what does he do to relax? He goes for long walks. Whenever possible, he takes long walks as a way to clear his head, calm his soul and give his body a workout. In this charming little volume, he shares his thoughts on walking in terms that can inspire everyone to get out more often for a good walk, a great way to stay fit and healthy through the forties and fifties and beyond. Along the way he provides glimpses into his life and character that will delight his many fans.

Book Information

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Customer Reviews

Delightful small book that can be read in 1-3 sittings. I must admit my bias of being a rabid Giants fan and fondness of Bochy from years of watching his calm demeanor leading the Giants to 3 World Series Championships. So naturally, I was looking eagerly into getting to know Bochy a little more through his book. The book is a nice selection of short chapters of Bochy describing his passion for walking in different cities across the United States; often cities that the Giants travel to as part of

their schedule. Bochy reflects nicely on some history of each area and points of interest, while also recounting funny stories involving players and dabbles in some philosophy. All of it sounding very much like it would sound if you were hearing him speak it. casual pacing, simple wording, and not a lot of fluff. Put simply, well, that's Bochy. I learned a bit about some areas in the states, laughed a bit at some of his stories, and overall was pleased with a man who seems dedicated to his wife (often his walking partner) and who enjoys being in the present. I liked Bochy before the book, I like him even more after the book. Thanks for a little share into your world Bochy :D

A must read for all Giants fans! A fun read for all those who love to walk. The book is so reflective of the Giant's Skipper, just what you see is what you get. Bruce's thoughts and how he expresses them are consistent with how we see him interacting and leading the Giants. For anyone who loves to spend time exploring in San Francisco, his favorite walks and favorite places to eat, have a beer, or just watch the world go by are fun recommendations. My husband and I plan to follow two of his favorite walks and explore his haunts. The book is very insightful into the values and character of a very special man. I highly recommend the book. My husband is reading it now too.

As a travel agent, I loved the idea of taking these walks and suggesting these walks to my clients whom I send to places like San Francisco and New York City. I wish he had one for Wash. DC! As an avid walker myself it made me want to put on my tennis shoes and take a walk. In fact, I did a 3-mile walk in Baton Rouge recently near my father's retirement complex. It was a block off the main drag and it took me to a beautiful residential area that was shady and full of unusual old houses...I felt like I discovered a new part of a city I've known and loved for over 60 years. I'm sure we all can discover our own home towns if we'd just walk a little. I loved it! It was too short...

I read about SF Giants manager Bruce Bochy's new book on the SF Gate Giants app (which I highly recommend for the reviews of games and the latest news about the team) and bought the Kindle version immediately. Bochy describes a series of walks he likes to take in San Francisco along the waterfront and in cities where the Giants play, including Chicago, Cincinnati, and New York City. The voice sounds just like Bochy, folksy, down to earth, friendly. He shares bits and pieces of his outlook on life and philosophy and a little of his personal history as well. He often mentions his wife of 37 years, Kim, whom he describes as "power walker," and of course there are anecdotes about baseball and the Giants. For anyone interested in baseball, walking, and the colorful manager of the San Francisco Giants, this is a book to be savored.

Enjoyed the book immensely. Went to a book store to buy the hard copy to give to my son to read on his trip to Australia. It is nice as it is small enough to put in a pocket. The Giants are fortunate to have such a good, intelligent and creative coach.

This book captures all of the charm of our beloved Skipper, and reads like you're in his den, having a beer and telling stories. The walks are probably great (and might just inspire me to try a couple of the local ones); the stories are even better. A must for any fan of Bochy.

This is a lovely little book. If you like baseball, dogs, walking, or just a quiet meditation on a life well lived -- buy it. Grab a cup of tea (or a glass of wine), curl up with your favorite blanket, and dream of summer walks. It's a great cure for the winter blahs. Note: the "walks" herein are literal walks, not the baseball variety of walks. Bruce Bochy knows both types well, one assumes.

A lovely quick read in an appealing voice that is so totally "Bochy"! A gift for anyone who loves baseball, walkable cities, and being totally in the moment. Well worth the \$, which all goes to a great cause.

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